



SCHOOL OF PROFESSIONAL STUDIES
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY
UNIT CODE/NAME: BCP 230: INSTITUTIONAL COUNSELING

January – April 2018/2019 End Semester Exam - Time: 2 Hours

Instructions: Answer Question ONE (Compulsory) and any other TWO questions.

QUESTION ONE

- a) Define the term institutional counseling (2 marks)
- b) State six roles of an institutional counselor (6 marks)
- c) Outline the requirements of the counseling environment (4 marks)
- d) What are the outcomes of institutional counseling? (5 marks)
- e) State clearly the role of professional school counselor to parents (4 marks)
- f) What are the potential benefits of counseling to a client (5 marks)
- g) Outline the guidelines in observing privacy and confidentiality during counseling. (4 marks)

QUESTION TWO

Discuss challenges encountered by a teacher doubling as a counselor in a school (15marks)

QUESTION THREE

Discuss the application of the following five theories in institutional counseling (15marks)

- i) Person Centered Therapy
- ii) Adlerian Therapy
- iii) Behavior Therapy
- iv) Rational Emotive Therapy
- v) Cognitive Therapy

QUESTION FOUR

- a) Define the term ethical standards as applied in counseling (3 marks)
- b) Describe the ethical principles to be observed by institutional counselors (12 marks)

QUESTION FIVE

- a) Mention four areas of evaluation in institution counseling (3 marks)
- b) Briefly explain three challenges of institutional counseling (6 marks)
- c) Discuss briefly three ways of overcoming the above challenges (6 marks)