



Scott Christian UNIVERSITY

SCHOOL OF PROFESSIONAL STUDIES

UNIT CODE/NAME: UCC 101: SPIRITUAL FORMATION

September- December 2019/2020 End Semester Exam

- Time: 2 Hours

Instructions: Answer Question ONE (Compulsory) and any other TWO questions.

QUESTION ONE

- a) Spiritual disciplines are not an end in themselves but a means to an end. Discuss how this is true citing examples of spiritual disciplines discussed in class (6 Marks)
- b) Different people have different temperaments. Differentiate the following (6 Marks)
 - i. Melancholic and Sanguine
 - ii. Phlegmatic and Choleric
- c) Discuss how each of the four temperaments can promote or hinder one's spiritual growth? (6 Marks)
- d) Give a brief plan on how you will do each of the following spiritual disciplines (12 Marks)
 - i. Fasting ii. Study of scripture iii. Prayer iv. Christian witness

QUESTION TWO

Spiritual formation is a process and not an event.

- i. Explain how this process starts (6 Marks)
- ii. Describe the process of spiritual development (9 Marks)

QUESTION THREE

- a) With examples, show how your specific area of training and profession will benefit from your on-going spiritual formation process (8 Marks)
- b) Soon you are going to be employed and you are likely to have a very busy and stressful schedule. Discuss how some specific spiritual disciplines will help you (7 Marks)

QUESTION FOUR

People's level of spiritual growth has a way of influencing how he serves God and others.

- i. Discuss at least three hindrances to spiritual growth (6 Marks)
- ii. Explain giving examples of your personal experience in life and ministry (9 marks)

QUESTION FIVE

- a) What is biblical thinking? (2 Marks)
- b) What role does biblical thinking play in one's decision making process? (6 Marks)
- c) Discuss how to cultivate a biblical way of responding to life issues (7 Marks)