



SCHOOL OF PROFESSIONAL STUDIES

BACHELOR OF COUNSELLING PSYCHOLOGY

UNIT NAME: BCP 321, UNIT NAME: CHEMICAL DEPENDENCY AND TREATMENT

September – December 2018/2019 End Semester Exam - Time: 2 Hours

Instructions: Answer Question ONE (Compulsory) any other TWO questions.

SECTION A

QUESTION 1 COMPULSORY (30marks)

- a) Differentiate between drug dependency and drug addiction (4 marks)
- b) Discuss the Causes of Substance Abuse (9 marks)
- c) Cognitive behavioral therapy (CBT) is used to treat drug abuse and the problem behaviors that can be associated with it. Explain (7 marks)
- d) State any five common causes of relapse and show how to curb them (10 marks)

Section B choose and answer ANY TWO questions from this section

Question 2

- a) State the twelve AA steps (6 marks)
- b) Describe the three phases of substance abuse treatment (9 Marks)

Question 3

- a) Describe the process of addiction (5 Marks)
- b) With examples expound on the five categories of drugs (10 marks)

Question 4

- a) Briefly analyze four modes used in counseling substance abuse clients (8 marks)
- b) Discuss the psychodynamic theory of drug abuse (7 marks)

Question 5

- a) Define detoxification (2 marks)
- b) Discuss the three immediate goals of detoxification in Alcohol and Other Drug Abuse Treatment (6 marks)
- c) Evaluate the long term effects of drug abuse (7 marks)