



Scott Christian  
UNIVERSITY

*A Dynamic Centre of Academic Excellence*

**SCHOOL OF THEOLOGY**

**COURSE: MIN 113 SPIRITUAL FORMATION**

**FINAL EXAM 60%**

**FACILITATOR: DR MWANIA**

**TIME: 2HRS**

**INSTRUCTIONS:**

**You are supposed to answer three questions. All questions are worth 20 marks. The exam has two sections:**

- A. Section one has **one** question, which is compulsory.
- B. Section two has **four** questions for you to answer **two only**.

**SECTION ONE**

**Question one**

The following two text books were recommended for reading for this course.

Mulholland, Robert. *Invitation to a Journey: A Road Map for Spiritual Formation*. ``Downers Grove, IL : InterVarsity Press, 1993.

Whitney, Donald S. *Spiritual Disciplines for the Christian Life*. Colorado Springs: Navpress, 1991.

Choose one of these textbooks and answer the following questions;

- A. List the main themes and issues discussed by the author (10 Marks).
- B. Discuss at least four lessons you have learned from this book and explain why they (lessons) are important for your spiritual growth(10 Marks)

**SECTION TWO**

**Question two:**

Spiritual formation is a process and a journey to spiritual maturity.

- A. Discuss how this course has helped you in your spiritual journey (10 marks).
- B. In what specific areas would you say this course has contributed in shaping you to be a better citizen? (10 marks).

**Question three:**

List and discuss four spiritual disciplines as discussed in class. Explain how these spiritual disciplines contribute in spiritual formation (20 Marks).

**Question four:**

List and explain at least four reasons why it is important to memorize scriptures for one's spiritual growth (20 Marks).

**Question Five:**

The following scriptures lay the foundation for spiritual formation. Read and explain why they are foundational in one's spiritual formation

- a. "Then God said, "Let us make mankind in our image, in our likeness, so that they may rule over the fish in the sea and the birds in the sky, over the livestock and all the wild animals, <sup>[a]</sup> and over all the creatures that move along the ground."

**So God created mankind in his own image,  
in the image of God he created them;  
male and female he created them."** (Genesis 1:26-27)  
(10 Marks)

- b. "Jesus replied: "'**Love the Lord your God with all your heart and with all your soul and with all your mind.**'<sup>[c]</sup><sup>38</sup> **This is the first and greatest commandment.**<sup>39</sup> **And the second is like it: 'Love your neighbor as yourself.'**" (Luke 22:37-39)  
(10 Marks)

