



SCHOOL OF PROFESSIONAL STUDIES

BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY

UNIT CODE/NAME: BCP 229: INTRODUCTION TO MARRIAGE AND FAMILY THERAPY

January – April 2018/2019 End Semester Exam

- Time: 2 Hours

Instructions: Answer Question ONE (Compulsory) and any other TWO questions.

QUESTION ONE

- a) Differentiate between Marriage and Family Therapy from Individual therapy (4 marks)
- b) Evaluate four ethical issues in marriage and family therapy (4 marks)
- c) Briefly describe the characteristics of a family system (12 marks)
- d) Discuss any five concept in Bowenian theory (10 marks)

QUESTION TWO

- a) Discuss four developmental tasks in the fourth stage of family life cycle (8 marks)
- b) Analyze the therapeutic concerns for families in the above family life cycle (7 marks)

QUESTION THREE

- a) Describe the process of assessment in structural family therapy (5 marks)
- b) Expound the five concepts in Structural family therapy (10 marks)

QUESTION FOUR

- a) Practitioners should understand the family system as an operational entity. Discuss. (5 marks)
- b) Discuss the five stances in Satir Family Therapy (10 marks)

QUESTION FIVE

- a) Briefly describe three techniques used in solution focused (6 marks)
- b) Giving examples, discuss three techniques used in Narrative family therapy (9 marks)