



Scott Christian UNIVERSITY

SCHOOL OF PROFESSIONAL STUDIES

BACHELOR OF ARTS IN COMMUNITY DEVELOPMENT

UNIT CODE/NAME: BCD114: INTRODUCTION TO COUNSELING PSYCHOLOGY

September- December 2019/2020 End Semester Exam

- Time: 2 Hours

Instructions: Answer Question ONE (Compulsory) and any other TWO questions.

QUESTION ONE

- a) with use of cognitive behavioral theory show ways in which negative perceptions on poverty in a community can be changed (7 Marks)
- b) Provide a justification of a Godly view in dealing with dysfunctional families (6 Marks)
- c) Analyze the general causes of mental disorders (8 Marks)
- d) Argue for the relevance of counseling practice in the community (6 Marks)
- e) Describe the ethics practiced by Christian counselors in counseling (3 Marks)

QUESTION TWO

- a) Examine various ways of treatment for mood disorders (6 Marks)
- b) Describe the various types of counseling (4 Marks)
- c) Show the importance of empathy in counseling (5 Marks)

QUESTION THREE

- a) Describe the factors you will consider in assessment of clients before counseling. (8 Marks)
- b) Examine the significance of the use of verbal skills in counseling (7 Marks)

QUESTION FOUR

- a) Show the causes of abnormal behavior according to psychoanalysis theory by Sigmund Freud (5 Marks)
- b) Illustrate how you would use behavior theory to teach young people in a community to work hard (5 Marks)
- c) Describe the possible causes of schizophrenia in the population today (5 Marks)

QUESTION FIVE

- a) Discuss the different personality disorders that people may suffer from in a community (7 Marks)
- b) Explain the five stage model of behavior change in counseling (8 Marks)