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UNIVERSITY
A Dynamic Centre of Academic Excellence

SCHOOL OF PROFESSIONAL STUDIES

BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY

UNIT CODE/NAME: BCP 230: INSTITUTIONAL COUNSELLING

January – April 2021/2022 End Semester Exam

Time: 2 Hours

Instructions: Answer Question ONE (Compulsory) and any other TWO questions.

QUESTION ONE (30 Marks)

- a) Distinguish between institutional counselling and work place counseling **(2 Marks)**
- b) Describe four facilities needed for effective school Counselling **(8 Marks)**
- c) Highlight four goals of School Counselling **(4 Marks)**
- d) School Counsellors use the guidance and counseling curriculum, individual and small-group counselling to help students develop some abilities. Expound **(6 Marks)**
- e) Analyze five challenges you are most likely to face as a school counselor and how to overcome them **(10 Marks)**

QUESTION TWO

- a) Having an internally based counselor in an institution has its consequences. Expound **(8 marks)**
- b) Appraise the benefits of school counseling for the students **(7 Marks)**

QUESTION THREE

- a) Describe five qualities of an institutional counselor **(5 Marks)**

- b) Discuss five Roles and functions of a school Counsellor (10 Marks)

QUESTION FOUR

- a) Highlight five major theories used to provide therapeutic interventions in schools (5 Marks)
- b) Choose one of the theories listed above and explain how it is used in school counseling (10 Marks)

QUESTION FIVE

- a) Discuss the phases of developing a comprehensive counseling program (12 Marks)
- b) Explain the benefits of school counseling program for parents (3 Marks)