Scott Christian UNIVERSITY

SCHOOL OF PROFESSIONAL STUDIES

DIPLOMA IN COMMUNITY DEVELOPMENT

UNIT CODE/NAME: DCD103: INTRODUCTION TO COUNSELING PSYCHOLOGY

September- December 2019/2020 End Semester Exam - Time: 2 Hours

Instructions: Answer Question ONE (Compulsory) and any other TWO questions.

QUESTION ONE

a) with use of cognitive behavioral theory show ways in which negative perceptions on poverty in a community can be changed **(7 Marks)**

b) Provide a justification of a Godly view in dealing with dysfunctional families **(6 Marks)**

c) Analyze the general causes of mental disorders **(8 Marks)**

d) Argue for the relevance of counseling practice in the community **(6 Marks)**

e) Describe the ethics practiced by Christian counselors in counseling **(3 Marks)**

QUESTION TWO

a) Examine various ways of treatment for mood disorders **(6 Marks)**

b) Describe the various types of counseling **(4 Marks)**

c) Show the importance of empathy in counseling **(5 Marks)**

QUESTION THREE

a) Describe the factors you will consider in assessment of clients before counseling. **(8 Marks)**

b) Examine the significance of the use of verbal skills in counseling **(7 Marks)**

QUESTION FOUR

a) Show the causes of abnormal behavior according to psychoanalysis theory by Sigmund Freud **(5 Marks)**

b) Illustrate how you would use behavior theory to teach young people in a community to work hard **(5 Marks)**

c) Describe the possible causes of schizophrenia in the population today **(5 Marks)**

QUESTION FIVE

a) Discuss the different personality disorders that people may suffer from in a community **(7 Marks)**

b) Explain the five stage model of behavior change in counseling **(8 Marks)**