



SCHOOL OF PROFESSIONAL STUDIES

DIPLOMA IN COUNSELLING PSYCHOLOGY

UNIT CODE: DCP 105, UNIT NAME: HUMAN GROWTH AND DEVELOPMENT

September – December 2018/2019 End Semester Exam - Time: 2 Hours

Instructions: Answer Question ONE (Compulsory) and any other TWO questions.

QUESTION ONE

- a) Distinguish between human growth and human development (4 marks)
- b) Explain the principles of human development (6 marks)
- c) Discuss the influence of the following factors on human growth and development
 - i. Hereditary (5 marks)
 - ii. Environment (5 marks)
- d) Discuss the counseling application of Piaget's theory of cognitive development (10 marks)

QUESTION TWO

Describe the following processes of cognitive development according to Jean Piaget's Theory:

- i. Organization (3 marks)
- ii. Adaptation (4 marks)

- iii. Assimilation (4 marks)
- iv. Accommodation (4 marks)

QUESTION THREE

- a) Define the terms "moral reasoning" according to Lawrence Kohlberg's Theory (2 marks)
- b) Discuss the three levels of moral reasoning according to Kohlberg (9 marks)
- c) Analyze the counseling application of the theory of moral reasoning in the contemporary society (4 marks)

QUESTION FOUR

Citing relevant examples, explain the importance of the following processes in relation to the Theory of observational learning by Albert Bandura:

- a) Attention (5 marks)
- b) Memory (5 marks)
- c) Motivation (5 marks)

QUESTION FIVE

- a) Describe the three structures of the mind according to Freud's Psychosexual theory (9 marks)
- b) Describe the application of Freud's theory of Psychosexual development on the counseling practice (6 marks)