



## **SCHOOL OF PROFESSIONAL STUDIES**

### **BACHELOR OF COUNSELING PSYCHOLOGY**

**UNIT CODE/NAME: BCP 127: MENTORING AND COACHING SUPERVISION**

**January – April 2018/2019 End Semester Exam**

**- Time: 2 Hours**

**Instructions: Answer Question ONE (Compulsory) and any other TWO questions.**

#### **QUESTION ONE**

- a) Examine the professional ethics that can be considered by counselors to prevent burnout (8 marks)
- b) Show how adjustment can be used to create healthy working conditions for counselors in their profession (7 marks)
- c) Describe the different methods of supervision for counselors who practice clinical counseling (8 marks)
- d) Argue for the importance of good relationship between counselors and their supervisors (7 marks)

#### **QUESTION TWO**

- a) Examine the outcomes of mentorship in counseling (7 marks)
- b) Describe the process of counselor supervision (8 marks)

#### **QUESTION THREE**

- a) Describe the coping strategies counselors can use to deal with burnout (7 marks)
- b) i) Discuss the psychoanalysis theory of counseling (5 marks)
- ii) and show how it can be used for coping against burnout for counselors (3 marks)

#### **QUESTION FOUR**

- a) Examine the significance of supervision guidelines among counselors who practice supervision (7 marks)
- b) Provide a justification for factors that are considered in assessment for burnout among counselors (8 marks)

#### **QUESTION FIVE**

- a) Analyze the roles of supervisors in counseling practice (4 marks)
- b) Discuss possible challenges encountered by supervisees in mentoring (4 marks)
- c) Explain any 4 types of burnout (7 marks)