



SCHOOL OF PROFESSIONAL STUDIES

BACHELOR OF COUNSELLING PSYCHOLOGY

UNIT CODE: BCP 323, UNIT NAME: BEREAVEMENT, LOSS AND GRIEF COUNSELLING

September – December 2018/2019 End Semester Exam - Time: 2 Hours

Instructions: Answer Question ONE (Compulsory) and any other TWO questions.

QUESTION ONE

- (a) Define the following terms :- (2 Marks)
- i. Pathological grief
 - ii. Thanatology
- (b) Outline four instances that makes grief pathological (4 Marks)
- (c) Identify four tasks that a griever (grieving person) has to work through (4 Marks)
- (d) Describe any four goals of grief counseling (4 Marks)
- (e) Describe the four phases of mourning according to John Bowl's attachment theory (8 Marks)
- (f) Briefly explain J. William Worden four tasks of mourning (8 Marks)

QUESTION TWO

Discuss the five stages of grief and their application in a grief process (15 Marks)

QUESTION THREE

Discuss common cultural, social and economic aspects of death and funerals in Kenya

(15 Marks)

QUESTION FOUR

Discuss the place of the Church in matters of loss and grief

(15 Marks)

QUESTION FIVE

Rose, a standard four pupil has lost her mother. Discuss possible therapeutic interventions you would go through with her

(15 Marks)