Scott Christian UNIVERSITY

SCHOOL OF PROFESSIONAL STUDIES

BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY

UNIT CODE/NAME: BCP 213: MULTICULTURAL DIMENSIONS IN COUNSELING

September- December 2019/2020 End Semester Exam - Time: 2 Hours

Instructions: Answer Question ONE (Compulsory) and any other TWO questions.

QUESTION ONE

a) Explain briefly the meaning of culture (2 Marks)
b) Outline the nature of African personality in counseling (5 Marks)
c) Identify four main competent areas that counselors need to achieve in multicultural counseling (4 Marks)
d) State five importance of multicultural counseling to a counselor (5 Marks)
e) Name four child rearing practices in Africa (4 Marks)
f) Name four main challenges of working with the African personality (4 Marks)
g) Mention six main issues therapists consider in assisting multicultural people in therapy (6 Marks)

QUESTION TWO

Critically discuss the key reasons for a counselor inability to intervene (15 Marks)

QUESTION THREE

a) Briefly explain the way forward in multicultural counseling (5 Marks)
b) Discuss ten major factors that explain the multidimensionality of clients in a comprehensive and integrative way (10 Marks)

QUESTION FOUR

Critically analyze the major themes in a multicultural counseling (15 Marks)

QUESTION FIVE

a) Identify three ways through a counselor can solve his/her limitations (3 Marks)
b) Discuss the different dimensions of culturally competent counselor (12 Marks)