



SCHOOL OF PROFESSIONAL STUDIES

BACHELOR OF COUNSELLING PSYCHOLOGY

UNIT CODE: BCP 223, UNIT NAME: COUNSELLING SPECIAL POPULATIONS

September – December 2018/2019 End Semester Exam - Time: 2 Hours

Instructions: Answer Question ONE (Compulsory) and any other TWO questions.

QUESTION ONE

- Citing relevant examples, describe the following terms “counseling” special populations” (4 marks)
- Identify and explain **four** family and upbringing related factors that may pose serious risks of becoming part of the special populations (8 marks)
- Describe eight ways in which you would counsel terminally ill children (8 marks)
- Describe **five** counseling strategies appropriate for HIV/AIDS infected persons (5 marks)
- Analyze **five** causes of suicide among adolescents in the our contemporary society (5 marks)

QUESTION TWO

- Define the terms HIV/AIDS (3 marks)
- Explain the effects of HIV/AIDS on the following:
 - Individual person (4 marks)
 - Family (4 marks)

iii) Community

(4 marks)

QUESTION THREE

- a) Describe five signs a counselor would look for among people contemplating suicide (5 marks)
- b) Discuss the counseling interventions appropriate for adolescents with suicidal thoughts (10 marks)

QUESTION FOUR

- a) Define the terms "drug addict" (3 marks)
- b) Describe six factors contributing to drugs and substance abuse among adolescents (6 marks)
- c) Discuss **six steps** a counselor would follow during rehabilitation of a drug addict (6 marks)

QUESTION FIVE

- a) Describe **four** killer/ terminal diseases that have affected the Kenyan population within the last ten years (4 marks)
- b) Discuss **four** problems associated with terminal diseases (4 marks)
- c) Citing relevant examples, explain the socio-economic of special population on the family (7 marks)